

The page is decorated with numerous small, semi-transparent triangles in various shades of green and teal, scattered across the white background. Some triangles are larger and more prominent, while others are smaller and more numerous.

COGNITIVE THERAPY WORKSHEETS DISPLACED IMAGES



happyneuron
By 

MINI PACKET #5C
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Welcome to our Mini Free Worksheet

This worksheet can be a fun way to stimulate and practice cognitive functions. Finding engaging exercises is an important part of creating an effective therapeutic strategy since it will keep your client motivated for continuing their therapy.

Feel free to use, print and share these worksheets as much as you want!

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What Does this Exercise Train?

Displaced Images

In this task, your client must visually analyze sets of objects, discern the differences, and draw conclusions. This exercise challenges attention to detail, visual working memory, and processing speed. These skills are used in everyday tasks such as driving, where one must pay attention to various forms of visual information to make quick decisions that favor both the safety of the individual and others on the road.

Instructions

Can you spot the difference? The main page has been labeled as "main Image" while the comparison page has been labeled as "comparison". Your client must identify which pieces of the main image have been changed in the comparison. To challenge memory, you may have your client memorize the "main image" for a set amount of time and then have them identify which components have been changed.



The Team at



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DISPLACED IMAGES

COMPARISON



DISPLACED IMAGES

MAIN IMAGE



DISPLACED IMAGES



Bridging Questions

1. What part of the picture did you start with? What features in the picture stood out most to you?
2. How did you orient yourself within the picture to discern the images that had been changed? How did you navigate the picture to find these differences?
3. Think about when you are in your home or in a store, how would you apply these visual exploration and detail examination/memorization strategies to find an item that you need?

